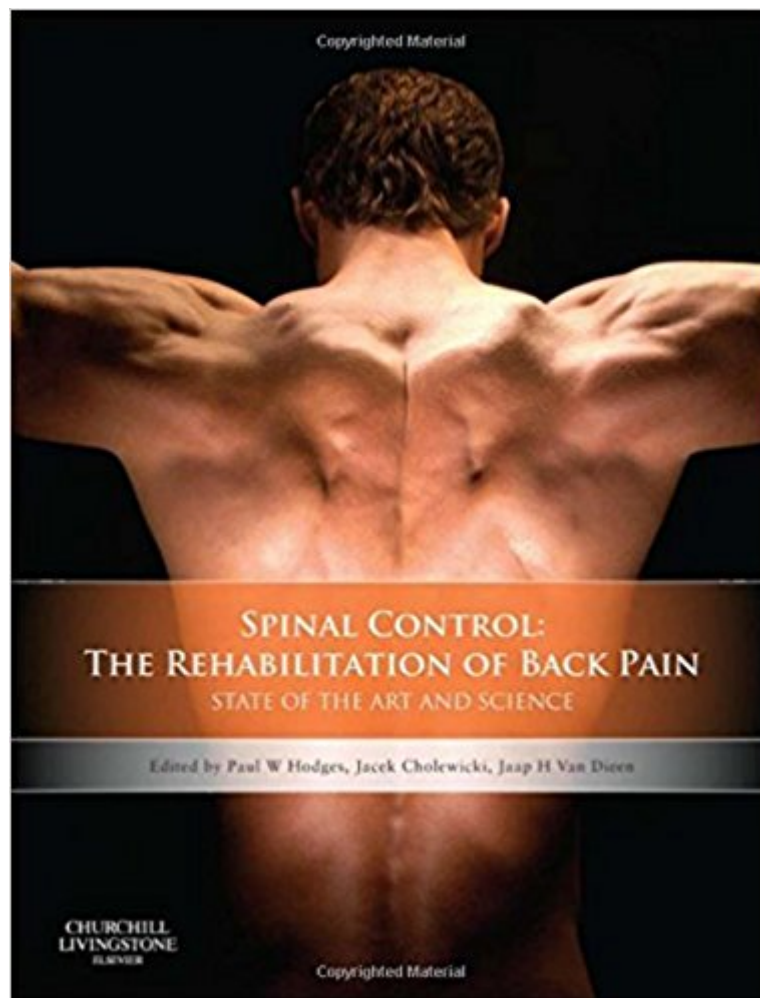




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# **Spinal Control: The Rehabilitation Of Back Pain: State Of The Art And Science, 1e**



## Synopsis

For the first time, international scientific and clinical leaders have collaborated to present this exclusive book which integrates state-of-the-art engineering concepts of spine control into clinically relevant approaches for the rehabilitation of low back pain. Spinal Control identifies the scope of the problem around motor control of the spine and pelvis while defining key terminology and methods as well as placing experimental findings into context. Spinal Control also includes contributions that put forward different sides of critical arguments (e.g. whether or not to focus on training the deep muscles of the trunk) and then bring these arguments together to help both scientists and clinicians better understand the convergences and divergences within this field. On the one hand, this book seeks to resolve many of the issues that are debated in existing literature, while on the other, its contributing opinion leaders present current best practice on how to study the questions facing the field of spine control, and then go on to outline the key directions for future research. Spinal Control is "the only expert resource which provides a trusted, consensus approach to low back pain rehabilitation for both clinicians and scientists alike! Covers the most important issues in spine control research Illustrates the clinical relevance of research and how this is or can be applied in clinical practice Edited and written by world leading experts, contributing first class content on different aspects of spine control Chapters that bring together the expertise of these world leaders on topics such as neuromotor mechanisms of spine control, proprioception, subgrouping in back pain and modelling spine stability An extensive and illustrated clinical consensus chapter that brings together the philosophies of clinical opinion leaders for the first time

## Book Information

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## Customer Reviews

This book is very interesting as it explores all the dimensions of motor control for the lumbar spine. All the theory is presented in a very wide spectrum of themes concerning motor control. The authors attempt to expose all aspects of motor control of lower back, including the most applied and clinical KNOW HOW of motor control of the lumbar spine. The only BUT is exactly what the title doesn't specify: it concentrates its study of spinal control on the lumbar spine, not the spine or the back. This is a very good book for newcomers in the field.

I have been managing patients with chronic non-specific LBP for over a decade. The book is well written, however I find the fact that Peter O'Sullivan should have had at least a chapter in this book. I cannot understand the reason for this not to happen, apart from big personal differences amongst the authors and O'Sullivan. I'm not saying here that I prefer one to another, but a book that is entitled state of the art and science cannot leave O'Sullivan's views and experience out of the question. More chapters should have been dedicated in providing treatment suggestions and programmes.

The most complete and actualized book for the rehab of LBP, scientific evidences for a high level clinical practice. Recommended

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